

ಹೈದರಾಬಾದ್ ಕರ್ನಾಟಕ ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಯ
**ಎಸ್. ಎಸ್. ಮರಗೋಳ ಕಲಾ, ವಿಜ್ಞಾನ
ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ**
ಶಹಾಬಾದ್ - 585 228 - ಜಿ. ಕಲಬುರಗಿ
(ಗುಲಬರ್ಗಾ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಸಂಲಗ್ನತೆ ಪಡೆದ)
ನ್ಯಾಕ ಜಿ ಗ್ರೇಡ್ ಮಾನ್ಯತೆ



Hyderabad Karnataka Education Society's
**S. S. Margol College of Arts,
Science & Commerce**
SHAHABAD - 585 228 - Dist. Kalaburagi
(Affiliated to Gulbarga University, Kalaburagi)
NAAC ACCREDITED - B GRADE COLLEGE

A Report on Yoga Day Programme on 21st June 2017

About the Yoga Day

The International Day of Yoga has been celebrated across the world annually on June 21 since 2015, following its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in ancient India. The Indian Prime Minister Narendra Modi, in his UN address in 2014, had suggested the date of June 21, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world.

The Indian Prime Minister Narendra Modi, in his UN address in 2014, suggested an annual Day of Yoga on June 21, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world. Following the initial proposal, the UN adopted the draft resolution, entitled "Day of Yoga", in 2014. The consultations were convened by the delegation of India. In 2015 Reserve Bank of India issued a 10 rupees commemorative coin to mark the International Day of Yoga. In April 2017, UN Postal Administration (UNPA) issued 10 stamps on Asanas on a single sheet to mark International Day of Yoga.

On 11 December 2014, India's Permanent Representative Asoke Mukherji introduced the draft resolution in the United Nations General Assembly. The draft text received broad support from 177 Member States who sponsored the text, which was adopted without a vote. This initiative found support from many global leaders. A total of 177 nations co-sponsored the resolution, which is the highest number of co-sponsors ever for any UNGA resolution of such nature.

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When proposing 21 June as the date, Modi said that the date was the longest day of the year in the northern hemisphere (shortest in the southern hemisphere), having special significance in many parts of the world.

In Indian calendars, the summer solstice marks the transition to Dakshinayana. The second full moon after summer solstice is known as Guru Purnima. In Hindu mythology, Shiva, the first yogi (Adi Yogi), is said to have begun imparting the knowledge of yoga to the rest of mankind on this day, and became the first guru (Adi Guru).

Following the adoption of the UN resolution, several leaders of the spiritual movement in India voiced their support for the initiative. The founder of Isha Foundation, Sadhguru, stated, "This could be a kind of a foundation stone to make scientific approach to the inner well-being of the human being, a worldwide thing... It's a tremendous step for the world." The founder of Art of Living, Ravi Shankar, lauded the efforts of Modi, saying, "It is very difficult for any philosophy, religion or culture to survive without state patronage. Yoga has existed so far almost like an orphan. Now, official recognition by the UN would further spread the benefit of yoga to the entire world."

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A Report

A yoga day programme is successfully arranged on 21st June 2017 at college auditorium hall at sharply at 8.00 in the morning. In the function the yoga teacher Smt.Usha Bhagat Patanjali Yoga Samati Shahabad was the chief guest of the function and inaugurated this historical event by lighting the lamp along with the principal Prof.Anilkumar R Koppalkar and NSS officer Prof.M.K.Bothgi and others were present on the dais. Smt.Usha Bhagat in her inaugural speech she talked about the importance of International Day of Yoga and it has been celebrated across the world annually on June 21 since 2015, following its inception in the United Nations General Assembly in 2014. Further she explained about the benefits of Yoga and its origin. It gives a physical, mental and spiritual practice which originated in ancient India. Soon after the inaugural function she practiced yoga and yoga mudras to the assembled students and she gave the health benefits of the yoga.

The president of the function in his address briefed about the importance of the yoga practice in day to day life and it also helps healthy living .

Lastly Prof.Shivshankar Hiremath gave a vote of thanks and the function was concluded.



Students are participated in Yoga Day